



## Finger Food Buffet – The Healthy One

- 1) Filled Homemade Rye & Wholemeal Rolls with a selection of Deluxe Fillings from our Selector *170 – 338 calories per portion*
- 2) Grilled Chicken Satay – *40 calories per portion*
- 3) Asian chicken, pea and spring green noodle broth – *125 calories per portion. Minimum 10 people*
- 4) Sweet Potato & Black Bean Burritos **(Ve)** *172 calories per portion*
- 5) A selection of freshly made Sushi with Creamed Wasabi & Soy – Vegetarian & Vegan options available – *80 – 125 calories per portion (3 pieces of sushi)*
- 6) Sweet potato, broccoli and quinoa salad **(V)** *(contains cashews) 231 calories per portion*
- 7) Crudities, Crostinis & our own secret recipe Oatcakes served with Beetroot Humus, and Whipped Goats Cheese & Hazelnut Dukkah **(V)** *124 – 287 calories per portion*
- 8) Granola Pots with Spiced Mango & Greek Yogurt *182 calories per portion*
- 9) Mixed fruit smoothies *106 calories per portion*

**Choose 5 items to accompany your filled breads and complete your buffet**